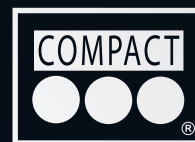
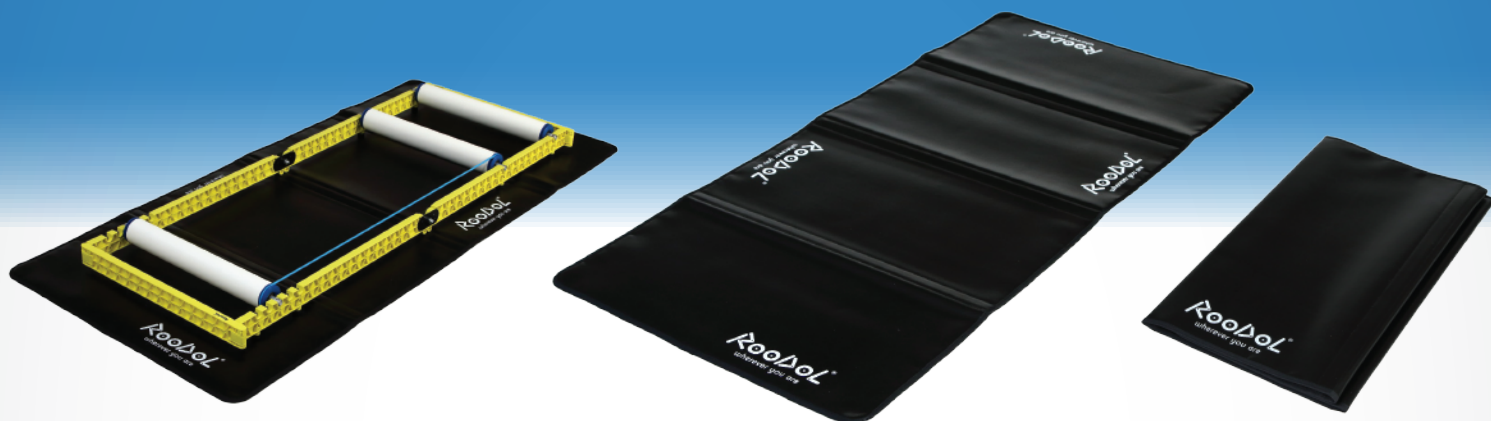


RooDol Mat



With RooDol Mat you will create the dream scenario in your workouts and warm-ups. It is compatible with the RooDol Track and Compact systems.



- RooDol Mat protects the training surface while using RooDol. Also be able use this mat for stretching or warm-up exercises.
- RooDol Mat is manufactured using long-lasting high-quality materials to ensure their functionality in the short and long term. The top layer of RooDol Mat is completely waterproof and washable. Just using a damp cloth it can be removed sweat or dust accumulated during use. The lower layer provides good adherence through the use of nonskid materials. Lastly, the middle layer with 6 mm thick, provides added comfort. All layers are sealed and are finished off with high strength seams.
- It is very easy and comfortable to transport and storage as it is folded by 3 points.

Product specifications

Dimensions unfolded	165 x 75 cm
Dimensions folded	42 x 75 cm
Weight	2800 gr

Pack contents

- RooDol® Mat

Maintenance

- Keep RooDol® Mat away from the elements to prevent damage.
- Is recommended to clean and dry the RooDol® Mat parts once the training is over in order to maintain it properly.
- Do not use solvents or abrasive cleaning products.

Safety

- This product is intended for recreational use and not for medical purposes. Consult your doctor before start using it.
- Place the RooDol system centered on the mat, on firm, flat and level ground. It is recommended to place it next to a railing or wall. The rollers must roll freely, pay attention to that no objects contacts the surface of the rollers.
- Cease training if you notice a lack of grip or that the system is unstable.